

Albury North Public School Newsletter

Be all that you can



868 Mate Street, Albury NSW 2640 T 6025 1730 F 6040 2326 <http://www.alburynt-p.schools.nsw.edu.au>

Term 3 - Week 6

Thursday, 3 September 2009

Coming Events for Term 3

Week 6

Fri 4th Sep PSSA Sport Concludes

Week 7

Tue 8th Sep Mrs Sheather, Mrs Davis, Ms Wood
Best Start T&D

Wed 9th Sep Mrs Smith, Mr Fury, Mrs Sheather
Connected Classroom

Fri 11th Sep RPSSA Athletics Carnival

Week 8

Wed 16th Sep Cricket Clinic K-4

Thurs 17th Sep Mrs Davis, Ms Sheldrick, Mrs Sheather
Positive Partnership T&D

Fri 18th Sep Mrs Davis, Ms Sheldrick, Mrs Sheather
Positive Partnership T&D

Week 9

Tue 22nd Sep Yr 5-6 Canberra Excursion

Wed 23rd Sep Yr 5-6 Canberra Excursion

Thu 24th Sep Yr 5-6 Canberra Excursion
K-2 Transport Excursion

Assembly Dance - 11.40am

From the Principal

Strange but true

Did you know that an ostrich's eye is bigger than its brain ?

What a wonderful surprise we all had upon seeing a photo of our school library in

Saturday's Border Mail! I think even more of surprise though was its indication that we were successful in our \$2.2 million applications for a new library, a hall upgrade and some new covered outdoor learning areas. At that stage we did not have any information to suggest that this was the case, but finally after many phone calls and emails, our property manager was able to advise us that we would be getting these buildings! We are still not sure when, but we are now eagerly awaiting the building team to come and talk to us in the coming weeks. In other school improvement news, we have also been told that our new BBQ area will be created before the end of the year - just in time for another disco. Also Mrs Smith and many of the classes that she works with, are very eager to create an orchard behind the 'Ned Kelly' building. If you have any experience in growing fruit trees or want to be part of the design process, she would love for you to come and talk to her and her students. Our orchard will allow our students to develop their math and science understandings in a fun real-life way - as well as encouraging healthy eating!

We are all getting pretty excited about the major excursions that are coming up. Year 5/6 are ready to take on the nation's capital Canberra. Year 3/4 are going outdoors with their camp to Harrierville, whilst K-2 will be travelling around Albury to learn about transport and helpers in our community. Next week every family will receive a print out of the current information that our teachers and office staff use in case of emergencies involving your child. PLEASE make any changes to phone numbers, emergency contacts, allergies, doctors etc. and return it to school as soon as possible. No longer will we have to ask you to fill out the old medical forms for each

excursion, as this information can now be printed out using the Departments new computer system. It is vital that you contact us whenever any of your details change.

We are very proud to have one of the highest school attendance rates in our area. Like you, we are aware that attending school every day makes learning easier for your child and helps to build and maintain friendships with other children. If children miss the basic skills in the early years of school, they often experience difficulties in coping with their schoolwork in later years. Today we sent home attendance brochures with children who have had more than 20 days absence (average of more than one a week). It outlines NSW DET expectations and offers supportive tips to encourage greater attendance. If you need extra support, please contact your child's class teacher.

Mathletics is here!! Today your child will have brought home an information sheet and a laminated card with details about how to access our new learning program. We are pleased also to say that after much sweet-talking, we can now offer it to our kinder students as well. If you do not have access to the internet at home, your child will still be able to access the program at school during class time and at lunchtimes. (PS I use this program at home with my children as a reward for cleaning up bedrooms!)
Mr Smith



From the Sports Desk

Winter PSSA Sport

Reminder: Lunch for everyone at 12.50 pm.

Results for 28/8/09

AFL

LEPS def Albury North – Xavier 2

Junior Soccer

Jindera 7 def Albury North 0

Netball

Albury North def Scots (Snr B),
Albury North def Springdale Heights (Jnr B)

Final Round 4/9/09



AFL v Burrumbuttock – Xavier 2
Soccer v Albury Gold – Alex Park
Netball v Springdale Heights (Snr B), v Bye
(Jnr B)



Watch Out - A survey will be sent home shortly to gauge parent interest in swimming lessons during school time for Years K-1.

Upcoming events

Trials for Term 4 **Summer Sport** will be held over the coming weeks.
September 22 – Touch Gala Day (Yrs 3 /4)
October 2 – Super 8 Cricket (Yrs 5/6)

Adrian Fury



Assembly Award Winners

Congratulations to:

These children will be presented with their merit awards at tomorrow's assembly:

Class	Student
KW	Monique Triffitt, Jessica Harris
K/1S	Zac Skelton, Miles Hemann-Peterson
1/2W	Ryan Chant, Bryan Filliponi
2D	Alanah Belk, Ashlee Thomas
3L	Rebecca O'Farrell, Megan Polkinghorne, Jesse Krueger
4F	Liam Campbell, Bree Johnson, James McLeod
5/6W	Tameaka Dickinson, Kyle Gill
5/6S	Hayden Harkness, Jenna Bainbridge, Lucy O'Brien

Literacy 5-6 Sarah Winnel, Allan Ellerington

Bronze Awards 15 pointsJazz Hatherly 4F
Allan Ellerington 5-6S**Silver Awards** 30 pointsJazz Hatherly 4F
Annie Wood-Bradley 4F
Matt Brewer 3L
Allan Ellerington
Mitchell Furze**Gold Awards** 60 points

John Chant KW

Reminder: Please send in Merits so your child can claim their Award.**Misplaced Permission Note**We are endeavouring to place all permission notes on our school website www.alburynth-p.schools.nsw.edu.au/notes/index.html**2010 New student enrolment**

If you have a child or know of a child in this area, who is eligible to enrol next year, can you contact the office on 6025 1730. We are starting preparations for our First Steps pre kinder program.

CANTEEN ROSTER

Wk 7	Tue 8 th Kelly Law Kathy Lynn	Wed 9 th Arlene Villanueva Lyn Bruce	Thur 10 th Esther Kok Angela Walters	Fri 11 th Brenda O'Farrell Lynn Bruce
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P & C News**Father's Day Stall**This year the Father's Day stall will be tomorrow Friday 4th September from 9.15am. Gifts prices range from \$1 to \$10.Rebecca Crabtree
Fundraising Co-ordinator**Community News**

This information is supplied for your information only. It is not a school activity or a Department of Education and Training activity.

North Albury OOSH Holiday Program6th October – 16th October

Programs are now available for the October School Holiday Program

Relax knowing that your children are having fun with others in a safe and secure environment Gymnastics, 3D Movies, Pyjama party, Jumping Castle Fish & chips in the park and lots more.

For more information contact OOSH on 6058 5555

Hurry, limited places available

Active Gym Kidz GymnasticsEnrolment and information day at East Albury PCYC September 11th at 4.00pm. Kindergym and General Gymnastics for children 2 – 12 Years.For Fun, Fitness, Friendship and learn the Fundamentals of Gymnastics
Qualified and Accredited with Gymnastics Australia

Enquiries please call Lindy Hartnett on 0427123084

North Albury Junior Cricket Club will hold their registration day for the 2009/10 season on Saturday the 5th September from 9am till 11am. At Bunton Park. Registrations will be taken for under 11's, 13's, 15's and 17's. For more details contact Dai Jenkins 60404164 or 0408430459.**Cricket NSW**

Girls if you are interested in playing cricket call into the school office and collect a brochure with the details.

You can call Zara Youngblutt on 0438 975 963
or email zarayoungblutt@hotmail.com
Albury CricHit Skills - \$45

Wednesdays 4pm-5pm at Xavier High School,
Fallon Street.
Starts 21st October

Anti-bullying – how to encourage your child to be an effective bystander

What is bullying?

Young people often joke around with each other and name-call or push and shove. This type of behaviour is not necessarily bullying. Bullying has some unique characteristics. There is a power difference between the person bullying and the person being bullied. There is an intent to cause distress or hurt. The behaviour is repeated over time. Bullying behaviour can be: verbal eg name calling, teasing, putdowns, sarcasm, threats physical eg hitting, kicking, tripping social eg ignoring, excluding, making inappropriate gestures psychological eg spreading rumours, dirty looks, hiding or damaging possessions, malicious SMS and email messages, inappropriate use of camera phones.

What are schools doing to protect students?

The Department of Education and Training strives to make schools a safe place for young people. As such, any instance of bullying is unacceptable. Schools and families need to work together to ensure that children and young people have the strategies to form positive relationships.

Policies and guidelines

All New South Wales government schools are required to have a plan to counter bullying and this is outlined in the *Anti-bullying Plan for Schools (2005)*. This plan outlines strategies for parents, students and teachers to identify, report and deal with bullying behaviour. It can be accessed at www.def.nsw.edu.au by going to 'our policies' and searching 'Anti-bullying Plan'.

Programs

There is a range of programs available in schools that promote positive relationships and support students. These include buddy and peer support programs, mentoring and transition programs and conflict resolution programs. Bullying behaviour is specifically addressed through curriculum areas such as Personal Development, Health and Physical Education. Child protection education and values education also promote strategies to counter bullying.

Research shows that school is one of the safest places for children and young people.

Let's work together to keep students safe.

Who are bystanders?

In any bullying situation there is commonly the person being bullied, the person bullying and 'bystanders' (other students who watch or are in the area at the time the bullying takes place). Bystanders are people who may cheer the person bullying, stand by and silently watch, or walk away from the situation. This does not help the person being bullied, or stop the behaviour from happening.

Why are bystanders important?

Bullying is a difficult problem that only gets worse when it is ignored. Research tells us that in bullying situations: bystanders are present most of the time (85%), where as adults are rarely present most young people feel uncomfortable watching bullying, but very few know what to do to stop it happening bullying behaviour is reinforced where people watch but do nothing when bystanders do intervene, the bullying is more likely to stop quickly most of the time.

Why is being an effective bystander often difficult for young people?

It can be hard for young people to help stop bullying behaviour. They might be afraid that they might become a target of bullying; they might not know how to stop the behaviour; they may feel that they will make things worse for the person being bullied, or they may be afraid that other students will label them a 'dobber'.

Sometimes young people may think that the person being bullied 'deserves it'. However, bullying affects everyone, and silence only makes the problem worse. It's up to everyone to create a safe school environment and parents can help.

How can you help?

Talk with your child about bullying

Ask your child about what happens at school and keep the lines of communication open. That way they are more likely to confide in you.

Ask others for help

Bystanders far outnumber those who are bullying. Have your child ask others to help say 'stop' to the person bullying.

Tell your child to keep their own safety in mind and to tell an adult if they are worried about bullying

The important thing is to teach young

people how to intervene appropriately so that they don't put themselves or anyone else in danger.

Telling an adult is not dobbing

Let your child know it's okay to tell

Make it safe for your child to tell you about what happens at school and how it makes them feel. Try to listen without rushing in with solutions.

Help your child to think about how the person being bullied would feel

Encourage your child to offer comfort and support afterwards to a child who has been bullied.

Help your child with strategies to help others who are being bullied

If gossip is being spread about someone they know, encourage your child to speak up and tell the truth. Tell your child not to join in bullying behaviour.

Know how to report bullying

Young people need to know that they can ask several trusted adults at school for help. Ask your child which adults at school they would report bullying to.

Show your child respect and kindness at home

If members of the family treat each other well, your child will most likely treat others the same way.